Walk with Me
Story By Michael Dergar
Art by Todd Tostado
Do you think that walking is a simple task?
You may be right!
We walk here. We walk there. We can walk everywhere!
For some people, walking is not that simple!
Hi! I am Miguel. For me walking is harder than you think.
It takes me a longer time to get ready for school and more effort to move around. I want to explain you why?
These are leg braces.

I wear them everyday and there are many kinds. I wear them to be able to walk everywhere I go.

I wear them at school and I wear them at home.
There are braces for the ankles, the knees, or the back. They help me to keep my legs in place and give a lot of support to my knees as I walk.
Walking for me can be very hard.
Now I can walk by myself or with a little bit of help.
I wear them at school, at home, when I play with my friends and when I want to dance Rock and Roll.
My leg braces are very helpful to me!
They keep me safe from falling everywhere I go.
After school, I walk my little brother to the library close to my house. I take my time to walk because sometimes it can be hard. He understands that sometimes walking for me takes a lot.
We walk here. We walk there. We can walk everywhere!
Now you know that it takes more than you think for some people to walk around.
Just be patient when you see other people like me taking their time. Sometimes walking can be very hard.
My name is Miguel. I enjoy walking very much! Even though sometimes walking is not a simple task.
About the author

Michael Dergar lives in Pasadena, California. He is the President and Founder of the Academy of Special Dreams Foundation. The author’s mission is to bring public awareness to create a better world of inclusion in our society.

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